



Chapter Meeting Minutes

November 11, 2023

The regular meeting of the Mid-Cities (TX) Chapter of The Links, Incorporated was held at Hackberry Country Club, 1900 Royal Lane, Irving Texas on November 11, 2023.

Call to Order:

- Link Vickie Mitchell served as the presiding officer and called the meeting to order at 9:31 am. A quorum was established.

Members Present: 38

Alisa Allen	Cherry Elder	Amelia Mayeaux	Angela Ross
Tammi Abney	Marilyn Evans	Lauren McDonald	Veronica Spencer-Austin
Jennifer Basped	Janiece Evans-Page	Vickie Mitchell	Sandra Stewart
Rosalind Bell	Ronetta Francis	Marcia Page	Michelle Thomas
Juanita Budd	Sue Gainer	Marqueax Price-Black	Brenda Thompsom
Claudia Coleman	Tangee Gibson	Priscilla Barbour Randle	Cordellia Tullous
Kim Cox	Ellainia Griffin	Brenda Raney	Celia Walker
Ashlee Davidson	Amy Hampton	Carolyn "TC" Roberson	Kim Walker
Alice Davis	Michon King	Danielle Robinson	
Fran Dillard	Carol Little	Shunda Robinson	

Members Absent: 9

Marnese Elder	Carmen Johnson	Angela Patterson	Erika Salter	Ashley Waffer
Alexis Gunn	Morgan Mangana	Cheryl Poloto-Williamson	Jennifer Stimpson	

Pledge and Song:

- Chapter members participate in the Links Pledge and Song.

Celebrations and Concerns:

- Link Jennifer Basped shared November birthdays.
- Chapter members shared celebrations and concerns.

Linkspiration:

Link Elainia Griffin – Chaplain

Link Elainia Griffin opened the meeting with prayer.

Organizational Effectiveness:

Link Claudia Coleman - Chair

- Link Claudia Coleman asked chapter members to share what they are going to do over the holidays at their tables.
- There was some sharing of holiday activities with the whole group.
- Link Claudia ask that you text one Link Sister you haven't connected with.

Adoption of the Agenda:

- The agenda was presented.
- There were no additions or changes to the agenda.
- Link Vickie Mitchell moved for the adoption of the agenda.
- The agenda was adopted for the November 11, 2023 meeting as printed.

Minutes:

Link Sue Gainer – Corresponding Secretary

- An electronic copy of the Minutes was sent to chapter members for their review.
- There were no additions or corrections to the Minutes.
- Link Vickie Mitchell moved for the adoption of the October 14, 2023 Minutes.
- The Minutes were approved as printed.

Correspondence:

Link Amelia Mayeaux – Corresponding Secretary

- There was the acknowledgement of Link Brenda Thompson's request for prayer.
- Thank you note from Link Marilyn and Connecting Link Ronald Evans was read.
- Thank you note from Link Sue Gainer was read.
- The new Post Office Box information will be in all Newsletters going forward.

President's Report:

Link Vickie Mitchell – President

- The mission of the Western Area “Friends transforming communities through service” will be shared each month.
- The Core Values will be emphasized each month.
- The Western Area President’s mantra will be shared.
- The five (5) Strategic Priorities were shared.
- Upcoming National Webinars were shared.
- Giving opportunities were reiterated.
 - The 1946 Society has bronze, silver, and gold levels of giving.
 - \$19.46 campaign is where there’s the opportunity to give monthly.
 - There will be Giving Tuesday, November 28, 2023.
 - There will be a MCL Giving Ambassador to keep chapter members abreast of the various giving campaigns and keep a record of members’ giving.
- There was a National Assembly update.
 - Share potential sponsors with Link Vickie Mitchell or Link Carolyn “TC” Roberson.
 - Give gift ideas for VSP’s to Link Vickie Mitchell or Link Carolyn “TC” Roberson.
 - Sources of items for the registration bags should also be given to Link Vickie Mitchell and Link Carolyn “TC” Roberson.
- There was a reminder of the information that the Protocol Chair, Link Jennifer Baped, shared last month.
- The attire worn by Link members should reflect the Links tradition and high standards.
- It was shared when uninterrupted white is worn.
- Chapter members who had not signed up for Remind, a new communication tool, were given an opportunity to sign up at the meeting.
- Upcoming activities were shared.
 - Alzheimer's Symposium – November 18, 2023
 - Donor Sabbath – November 19, 2023
 - National Friendship – All month of November
 - Kidney Walk – December 2, 2023
- The President’s activities for the month of October were shared.
- There was a reminder that members must attend 6 out of 8 meetings each year.
- It was also shared that we are an organization of friends where every member belongs.

Financial Secretary:

Link Alisa Allen – Financial Secretary


- There was an appeal for payment of today’s Friendship Activity at the meeting today.
- The financial report was as of November 6, 2023


- There is the option to pay by PayPal and Zelle.
- There's still an opportunity to donate for Donor Sabbath.

Treasurer Report:


Treasurer – Link Tammi Abney

- Verbal and electronic reports were presented to members for the month of October.
- Report contained the following details of accounts at Comerica (Operations), Bank of America (Program), and Fundraising (Comerica).

-  Beginning balance

-  Deposits

-  Debits

-  Ending balance


- There was a reminder to submit vouchers for payment.


Membership Report:

Link Ronetta Francis – Vice President Membership


- There was an acknowledgement and appreciation of veterans.
- The November Hostesses were recognized.
- The Core Values for this month are Respect and Confidentiality.
- A video was presented on the Core Values.


-  Making your friends feel valued


-  Respecting our differences

-  Apologizing when Link Sisters are made to feel uncomfortable


-  Providing open and honest conversation


-  Being open to feedback

-  Keeping secrets

-  Encouraging and inspiring your Link Sister

-  Engaging in special celebrations

-  Listening to your Link Sister

-  Respecting the decision of your Link Sister not to share

- Link Sisters shared examples of the core values extended to them.
- Your membership matters, so it's important to understand membership requirements.
- 1 in 5 conference attendance is required.
- A minimum of 48 hours is required.
- Member service hours were provided.
- 2023 – 2024 goal is 4160 service hours. We're at 36% of goal.
- An overview of Track It Forward changes was given.

- There was the announcement of the Friendship activity.
- It was announced that Ashley Waffer is the Pearl of the Month. Information was shared about Link Ashley Waffer by Link Tangee Gibson.
- The Pearl of the Month is an opportunity to reach out and get to know our Link Sisters better.

Program Report:

Link Juanita Budd – Program Vice President

- The MCL will be doing Umbrella programming the 1923 -1924 program year. Umbrella programming is done to include all facets and everyone.
- A National initiative will be done which is Black K.A.R.E. which stands for Kidney Awareness and Resource Education.
- Health and Human Services is the lead facet.
- Planning was done in July, August, and September to identify what programming will be like and what we wanted to do.
- Program identification and coordination was done.
- The facet chairs were identified and introduced.
- The activities of the various facets were shared.
- Key implementation dates and reporting dates were shared.
- Link Lauren emphasized the upcoming activities and events.
- The upcoming Jamaica mission trip is to be held January 24 – January 27, 2024

Strategic Planning:

Link Veronica Spencer-Austin

- There's been a commitment to chapter strategic planning in the Western Area,
- The National tracking tool updates are in April and October.
- The timeframe frame for Western Area strategic planning is 3 -5 years.
- The research data resources most often used by Western Area chapters in their strategic planning are community, chapter, and municipal.
- Very few chapters tap into the attitudes of their constituents.

HBCU Initiative:

Link Cordelia Tullous

- There was a shoutout to the HBCUs, along with recognition of chapter members who attended.
- HBCU facts were given.
- There are 10 HBCUs in the Western Area. 9 are in Texas. Charles Drew University is in California.

- It is requested that each Western Area member donate at least \$61.00 to a HBCU. Donations should be made by December 11, 2023.
- The Western Area has MOUs with 10 HBCUs in the Western Area.
- Facts that related to HBCUs were given.

Ethics Committee:

Link Brenda Thompson – Chair

- Link Brenda Thompson emphasized the importance of the Ethics and Standards requirement.
- The Ethics and Standards Webinar is November 16, 2023 at 8:00 pm CST.

Donor Sabbath:

Link Brenda Raney

- Donor Sabbath is November 19, 2023 at Mt. Hebron Baptist Church
- Arrive at 9:15 am for photograph.
- Donor Sabbath service hours is 2 hours.
- The brunch is actual service hours.
- Link Lauren McDonald shared information about organ donations.
 - 64% of transplants go to whites.
 - 11% go to African Americans.
 - 4% are likely to develop ESRD.
 - Many studies show problems with referrals and selection of heart, kidney, pancreas, and other solid organs.
 - There's low health literacy.

New Business:

- Link Marcia Page spoke about the Black Summit in London, England.
- Link Ronetta Francis shared that the Holiday Party will be January 6 or 7, 2024. A poll will be taken.

Adjournment:

- Link Ellainia Griffin blessed the food.
- The meeting was adjourned at 12:08 pm.
- Members will receive two (2) hours for today's meeting.

Minutes submitted by Link Sue Gainer

Sue Gainer, Recording Secretary of Mid-Cities (TX) Chapter of The Links, Incorporated



Financial Secretary Report

January 13, 2024

Alisa Allen

Financial Secretary

Linked in Making an Impact Together - "Service Matters"





Funds Received (as of 1.12.2024)

FUND CATEGORY	AMOUNT RECEIVED	METHOD
2023 November Chapter Assessment paid in December 2023	\$250.00	PayPal
December 2023 Hostess Assessments Received	\$1,250.00	3 Payments via PayPal - \$750 2 Payments via Zelle - \$500
January 2024 Hostess Assessments Received	\$1,250.00	1 Check - \$250.00 1 Payment via Zelle - \$250.00 3 Payments via PayPal - \$750.00
Holiday Party	\$1,360.00	<ul style="list-style-type: none"> ➤ \$680.00 via Zelle for invited guests ➤ \$40.00 via PayPal ➤ \$40.00 Cash ➤ \$40.00 Check ➤ \$560.00 donation via Zelle
Total Amount Received	\$4,110.00	



When you log into your PayPal or Zelle account, before you hit the send button to pay, please make sure you type a note allocating what the amount is for.

Example: Monthly Hostess Assessment, Chapter Dues, Etc.

Linked in Making an Impact Together - "Service Matters"



Mid-Cities (TX) Chapter The Links, Incorporated
Budget Overview: Operations Budget May 2024-April 2025 - FY24 P&L

May 2024 - April 2025

	2023-2024	Actual Expenses 2023-2024 to Jan 1 2024	Proposed Budget 2024-2025
Income/Revenue			
National Dues (47 Members @ \$220 each)	16,900.00		10,340.00
National Foundation Dues (47 Members @ \$125 each)			5,875.00
Local Chapter Dues (47 Members @\$238)	11,900.00		11,186.00
Hostess Assessment (40 Members @\$250 each)	10,125.00		8,750.00
Hostess Assessment Decemer Holiday (7 Members @\$250 each)			1,750.00
Chapter Retreat Revenue			2,075.00
Total Revenue	\$ 38,925.00		\$ 39,976.00
Expenses			
National Dues/Foundation Dues Expenses	16,900.00	16,900.00	
National Dues		16,900.00	10,340.00
National Foundation Dues			5,875.00
Total National Dues/Foundation Dues Expenses	\$ 16,900.00		\$ 16,215.00
Operational Expenses			
Chapter Officer Expenses			
Chapter President Expenses	1,000.00	523.80	1,000.00
Chapter Vice President Expenses	2,125.00	2,125.00	50.00
Chapter Treasurer Expenses	50.00	0.00	25.00
Chapter Financial Secretary Expenses	50.00	0.00	50.00
Chapter Parliamentarian Expenses	25.00	0.00	25.00
Chapter Chaplain Expenses	50.00	0.00	50.00
Chapter Historian/Archivist Expenses	25.00	0.00	25.00
Chapter Programs Chair Expenses	25.00	0.00	25.00
Total Chapter Officer Expenses	\$ 3,350.00	\$ 2,648.80	\$ 1,250.00
Chapter Committee Expenses			
Courtesy Committee Expenses	750.00	737.49	1,000.00
Intergenerational Committee Expenses	25.00	0.00	25.00
Marketing/Communication Committee Expenses	250.00	0.00	50.00
Protocol Committee Expenses	25.00	49.25	25.00
Organizational Effectiveness Committee Expenses	25.00	0.00	25.00
Ritual/Founders Day Committee (Flowers) Expenses	75.00	0.00	75.00
Total Chapter Committee Expenses	\$ 1,150.00	\$ 786.74	\$ 1,200.00
Other Meeting Expenses			
Chapter Meeting Expenses (Hostess Fees)		5,357.00	8,750.00
Chapter Retreat Expenses			2,075.00
Holiday Party Meeting Expenses			1,750.00
Total Other Meeting Expenses		\$ 5,357.00	\$ 12,575.00
Chapter Administration Expenses			
Technology Expenses			
Dropbox Expenses/Track it Forward	130.00	0.00	287.00
QuickBooks Subscription Expenses	515.00	362.48	515.00
Website Administration/Monthly Fees Expenses	850.00	449.91	850.00
Zoom Expenses	150.00	0.00	160.00
Total Technology Expenses	\$ 1,645.00	\$ 812.39	\$ 1,812.00
General Administration Expenses			
Audit Expenses	4,500.00	4,000.00	0.00
Bonding Insurance Expenses	550.00	550.00	550.00
990 Filing Expenses	500.00	500.00	500.00
PO Box Expenses	250.00	294.00	294.00
Chapter Storage Expenses	1,780.00	2,080.00	1,780.00
Total General Administration Expenses	\$ 6,830.00	\$ 7,424.00	\$ 3,124.00
Conference & Summit Expenses			
Leadership Summit (President or Designee) Expenses	1,000.00	0.00	0.00
National Assembly (Del & Alt) Expenses	0.00	0.00	3,500.00
WA Conference (Del & Alt) Expenses	4,500.00	4,285.60	0.00
Scott Hawkins Leadership (1 member) Expenses	300.00	0.00	300.00
Total Conference & Summit Expenses	\$ 5,800.00		\$ 3,800.00
Operations Contingency Expenses	\$ 2,750.00	\$ 777.54	\$ 0.00
Total Operational Expenses	\$ 4,500.00		\$ 23,761.00
Total Expenses			\$ 39,976.00



Mid-Cities (TX) Chapter of The Links,
 Program Budget
 Budget Year: May 1, 2024-April 30, 2025

APPROVED APPROVED ADOPTED

	2021-2022	2022-2023	2023-2024
Program Account Income			
Black Tie Boxing 27 Gala Net Proceeds *			
Net Proceeds from EBW/RT 2021 Fundraiser	\$ 49,135.00		
Western Area COVID Fundraiser			
From Cash Reserve			
Funding for Current		\$ 25,000.00	\$ 25,000.00
Total Program Income	\$ 49,135.00	\$ 25,000.00	\$ 25,000.00
BENEFICIARIES & GIVING:			
Designated Beneficiaries (Scholarships - 1 @\$2000)	7500.00	2000.00	2000.00
Total Designated Beneficiaries	7500.00	2000.00	2000.00
Other Beneficiaries	1000.00	10,000.00	10,000.00
The Links Foundation	0.00	0.00	0.00
Arlington Museum of Arts	0.00	0.00	0.00
The Links Foundation HBCU Scholarship Initiative	0.00	2,000.00	2,000.00
National/Western Area Links Initiatives	0.00	0.00	0.00
African American Museum	0.00	0.00	0.00
Alzheimers Association	0.00	0.00	0.00
Mission Arlington	0.00	0.00	0.00
Brighter Tomorrow	0.00	0.00	0.00
Ivring Cares	0.00	0.00	0.00
Parkland Hospital	0.00	0.00	0.00
Dallas Black Dance Theatre	0.00	0.00	0.00
Human Trafficking Conf - North Texas Cluster Trinity Chapter	0.00	0.00	0.00
Juanita Craft North Texas Cluster Donation	0.00	0.00	0.00
Total Other Beneficiaries	1000.00	10,000.00	10,000.00
Total Beneficiaries & Giving	8,500.00	12,000.00	12,000.00
PROGRAM DELIVERY:			
International Trends & Services	1,000.00	1,500.00	1,500.00
National Trends & Services	2,000.00	2,000.00	2,000.00
Legislative Linkage	100.00	500.00	500.00
Services to Youth	1,000.00	2,000.00	2,000.00
The Arts	2,000.00	2,000.00	2,000.00
Health & Human Services	2,000.00	0.00	0.00
Southwest Transplant Alliance (Donor Sabbath)	0.00	300.00	300.00
NAAMI (Walk-A-Thon)	0.00	1,000.00	1,000.00
Total Integrated Programming Expenses	8,100.00	9,300.00	9,300.00
Marketing & Communications (website, ads)	0.00	750.00	750.00
Fiduciary Support (Bank Fees)	0.00	0.00	0.00
Program Planning Workshops (Retreat)	500.00	1,000.00	1,000.00
Contingency	1,066.26	1,950.00	1,950.00
Total Miscellaneous Expense	1,566.26	3,700.00	3,700.00
Total Program Expense	18,166.26	25,000.00	25,000.00

Note: Links Foundation Balance as of 01/01/2024: \$44,505.62



MCL VP Report

January 13, 2024

Chapter Meeting

Linked in Making an Impact Together - "Service Matters"





December 2023 Holiday Party Hostesses

Linked in Making an Impact Together - "Service Matters"





Link Claudia
Coleman

Link Ashlee
Davidson

Link Fran
Dillard

Link Kim
Cox

Link Alice
Davis

Link Cherry
Elder

ating an Impactful Year!



LINKS IS MAKING AN IMPACT TOGETHER - SERVICE MATTERS™



Celebrating an Impactful Year



Linked in Making an Impact Together - "Service Matters"



Celebrating an Impactful Year!



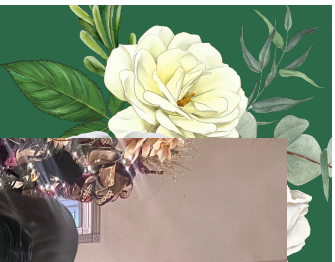
Linked in Making an Impact Together - "Service Matters"



Celebrating an Impactful Year!



Linked in Me



Shered
VICE



January 2024 MCL Meeting Hostesses

Linked in Making an Impact Together - "Service Matters"





Link Marnese
Elder

Link Marilyn
Evans

Link Janiece
Evans-Page

Link Sue
Gainer

Link Ronetta J
Francis

Linked in Making an Impact Together - "Service Matters"





CORE VALUES

Linked in Making an Impact Together - "Service Matters"





**CORE VALUES: COURAGE AND
INTEGRITY**

NORTHERN CALIFORNIA CLUSTER

Courage & Integrity



Pamela Lowe
San Jose Chapter



Adrienne Brown
San Francisco Chapter



Carolyn Veal-Hunter
Sacramento Chapter



Rhonda Andrew
Eden Rose Chapter



Pamela Freeman Fobbs
Fresno Chapter



Donna Moses
Stockton Chapter



Jakaria Stewart
Peninsula Bay Chapter



Willette Jones
Monterey Bay Chapter



Judy Baloney
Solano County Chapter



Rozenia Cummings
Alameda Contra
Costa Chapter



Valarie Kelly
Oakland Bay Area Chapter

CORE VALUES

COURAGE

- Definition: the ability to control fear and to be willing to deal with something that is dangerous, difficult or unpleasant
- A courageous person embraces new ideas, creates innovative approaches to perennial and emerging problems, and participates in exploring uncharted territories. We will be courageous in our service programming.

INTEGRITY

- Definition: the quality of being honest and having strong moral principles
- A person with integrity is principled and honorable. We will operate with integrity as we fulfill our commitment to the community and build mutual trust and respect.



1- What do we, as a chapter, need to START to embody the core value of courage ?	2- What do we, as a chapter, need to STOP to embody the core value of courage ?	3- What do we, as a chapter, need to CONTINUE to embody the core value of courage ?



1- What do we, as a chapter, need to **START** to embody the core value of integrity?



2- What do we, as a chapter, need to **STOP** to embody the core value of integrity?



3- What do we, as a chapter, need to **CONTINUE** to embody the core value of integrity?



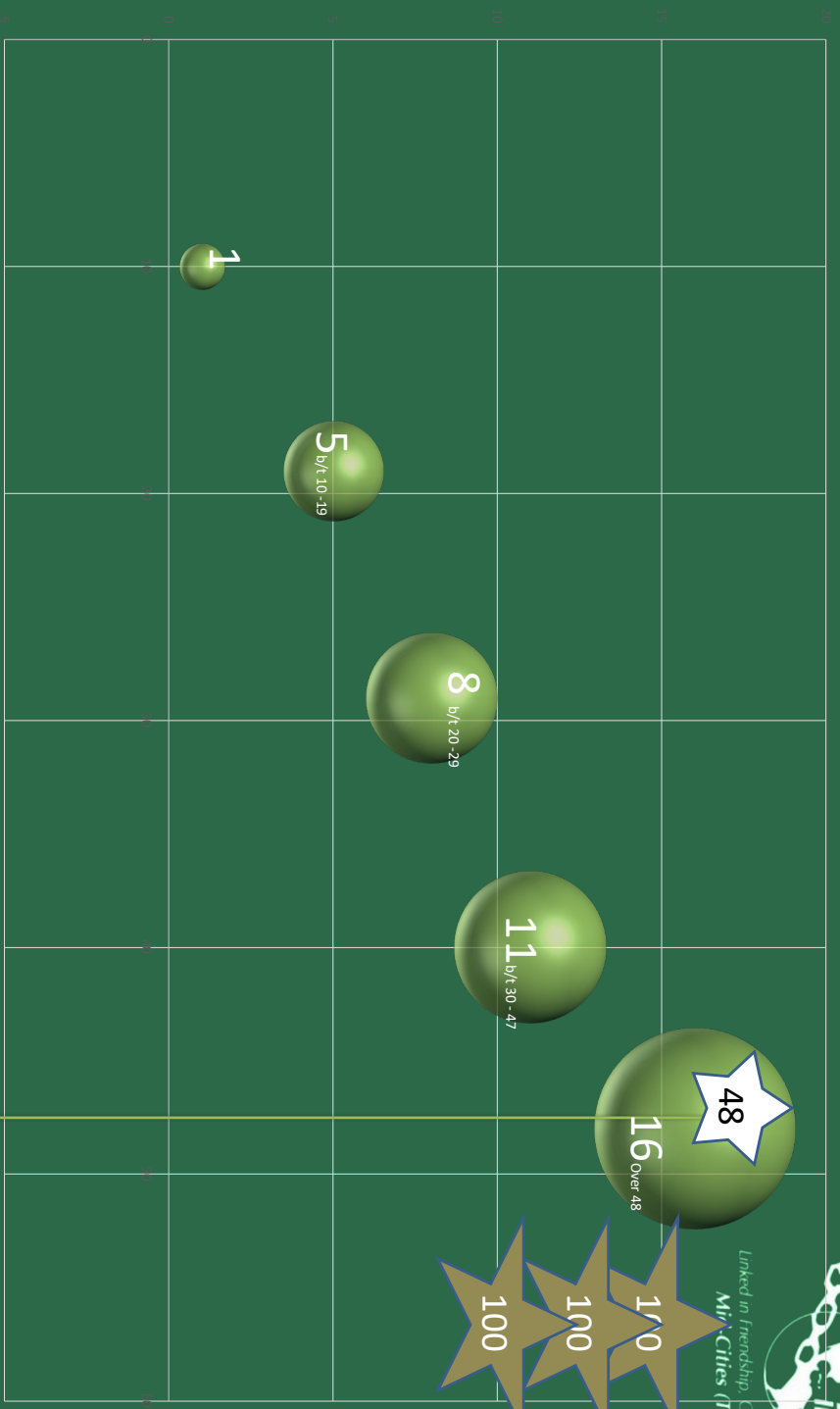
YOUR MEMBERSHIP MATTERS

Linked in Making an Impact Together - "Service Matters"

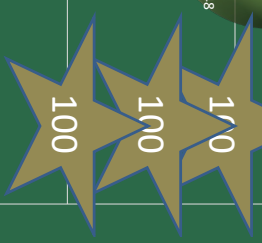




Min of 48 Service Hours



Linked in Friendship, Connected in Service
Min-Cities (TX) Chapter



Linked in Making an Impact Together - "Service Matters"



MCL Service Hours

2023-2024 Goal

4160 Chapter Service Hours

Linked in Making an Impact Together - "Service Matters"



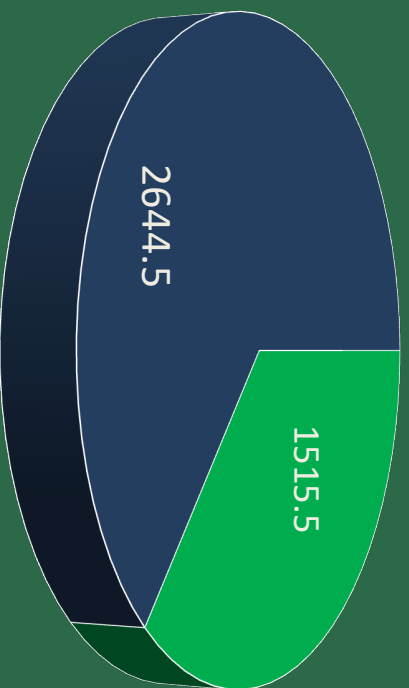


MCL Service Hours

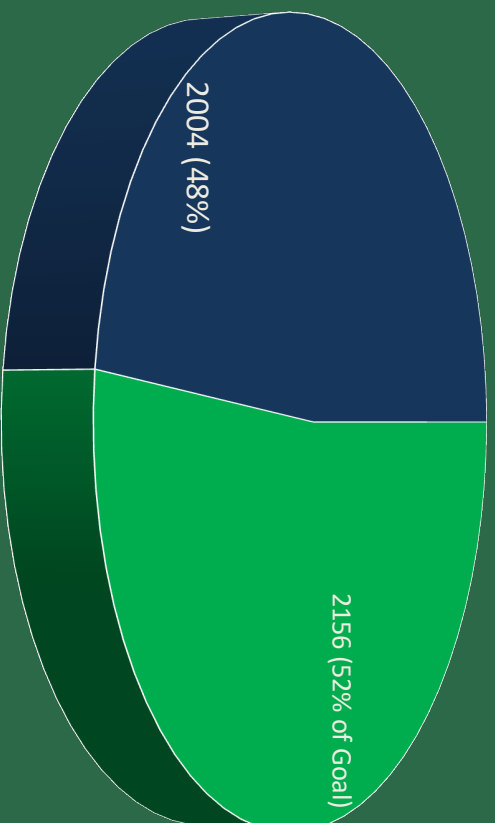
SERVICE HOURS



AS OF 11/9/2023



□ PROPOSED □ UNREVIEWED □



□ PROPOSED □ UNREVIEWED □

Linked in Making an Impact Together - "Service Matters"



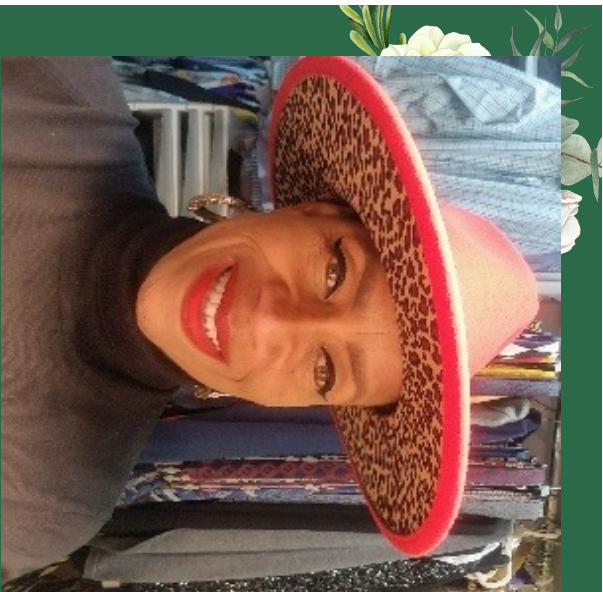
PEARL OF THE MONTH



Mid-Cities Links PEARL OF THE MONTH

Submitted by :
Link Tangee Gibson
January 13, 2024

Linked in Making an Impact Together - "Service Matters"



Link Rosalind "Roz" Bell



- Born on December 1st in Panama City, Florida at Tindall Air Force Base, is an only child.
- Received undergraduate degree in Business from Washington University in St. Louis, MO.
- Graduated at age 22 with her MBA from Northwestern Kellogg School of Management earning a triple major in Marketing, Business Policy and Organizational Behavior.

FAMILY INFORMATION

- Married for 37 years to Connecting Link Jacob Miles.
- She has one "bonus" step-daughter and a host of nieces & nephews.

WORK HISTORY

- During the last 4 ½ years she has worked for the T.D. Jakes Group and it has achieved the highest revenue in the church's 27 year history.
- Received a Platinum award from The Association of Marketing and Communication Professionals.

PREVIOUS WORK HISTORY & ACCOMPLISHMENTS

- Breyer's Ice Cream – Won a CLIO award for excellence in packaging design.
- Gillette – Director of Marketing for Lustrasilk. Traveled the US along with Miss America.

Linked in Making an Impact Together - "Service Matters"



HOBBIES

- She was a diligent patron of the Arts taking up her mother's interests in classical music, theatre dance performances, art exhibitions, and fine dining.
- Other shared interests with her soul-mate include international travel and art collecting.

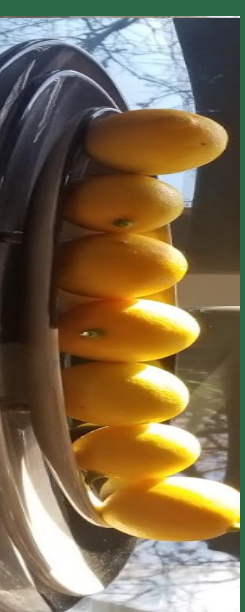
PHILOSOPHY ON SISTERHOOD & FRIENDSHIP

FAVORITE QUOTE

BORROWED FROM THE BOOK, THE COMING WAVES... " GET UP, GROW UP, CLEAN UP, SHOW UP"



The Links,
corporated
Incorporated in Service
Chapter



Linked in Making an Impact Together - "Service Matters"



Thank You

Linked in Making an Impact Together - "Service Matters"





Mid-Cities (TX) Umbrella Program 2023-24 Proposed Activities January Report

Linked in Making an Impact Together - "Service Matters"



- Health & Human Services**
- Services to Youth**
- The Arts**
- National Trends & Services**
- International Trends & Services**

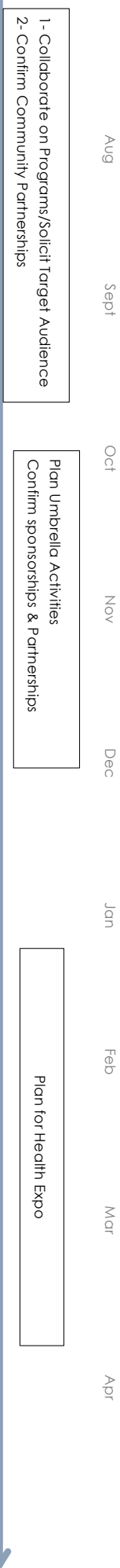


Mission/Vision (What drives the outcome?)
 To provide educational resources about CKD to African Americans about the Inequities of CKD through programs that empower our community to make healthy choices for living.

Phase I
August – October 2023
 Identify Umbrella Program & develop SDM

Phase II
October 2023 – December 2023
 Partner Identification and Program Collaboration. Introduction to the Community

Phase III
December 2023 – April 2024
 Health Expo + Identify Students for 2024-2025 Mentor Program



- 1- Collaborate on Programs/Solicit Target Audience
- 2- Confirm Community Partnerships

- Plan Umbrella Activities
- Confirm sponsorships & Partnerships

- Plan for Health Expo

2023 Chapter Activities

- 1- North Texas Cluster Walk (9/23) - Reunion Tower
- 2- AHA Walk-A- Thon (9/30)-
3. International Day of the Girl (10/14) - card writing
4. Dallas Kidney Walk (12/ 2) Lone Star Park- Sponsor- \$2,500
5. Donor Sabbath – (11/19) - Mt Herbon Baptist
6. Girls Skate Party (TBD)
7. Letter Campaign Writing (2/ 2024)
8. Red Dress Event 2/10/24
9. TARRANT COUNTY COMMISSIONER ALISA SIMMONS (3/24)
10. MCL World Kidney Day (4/2024)
11. Kidney Wise Kids Foster Contest (6/2024)






2024 Community Intro

- 1- (Parents) - Kidney Health + General Health (healthy food benefits)
- 2- (Students) Kidney Wise with Kids, Skate parties
- 3- (Mid-Cities Links)

2024 Health Expo

- 1- (Both) Art Activities to Support Mental Health
- 2- (Both) Physical Competitions (Learn Tic Tok dances, etc.)
- 3- (Both) Health Screenings
- 4- (Students) Physical Hygiene
- 5- (Students) Award Scholarships

OUTPUT
 Children Served
 Parents Served
 Cost of Items Given
 Scholarship Value

-  **Health & Human Services**
-  **Services to Youth**
-  **The Arts**
-  **National Trends & Services**
-  **International Trends & Services**



Mission/Vision (What drives the outcome?)
 To provide educational resources about CKD to African Americans about the inequities of CKD through programs that empower our community to make healthy choices for living.

MCL YTD Program Statistics: YTD
 Participants Served: 1051
 Demographics collected: Males 447, Females 808
 Ethnicity Black (AA or AA descent) 621, Hispanic 205, Whites/Other 205
 Cost of Items Given: \$2,500 Sponsorship (NK Walk)



THE ARTS POSTERS CONTEST

JAN 2- MARCH 15, 2024

SOCIAL MEDIS POST BEGIN JANUARY 8TH

TITLE: MY COMMUNITY & FAMILY WELLNESS BEGINS WITH ME

Category 1 Grades 1-3

Category 2 Grades 4-6

Category 3 Grades 7-8

Category 4 Grades 9-12 - Selected NTS National Action Network theme

Linked in Making an Impact Together - "Service Matters"



UPCOMING EVENTS

Thank you, Link Lauren, for securing \$5,000 for Black K.A.R.E. (Seed funding for all MCL CKD events).

NTC Human Traffic Symposium

Saturday, January 20, 2024, from 9:30 am to 11:30 am at Booker T. Washington High School, Dallas, Texas

ITS Mission Trip to Jamaica- January 24th- 27th, 2024

Representing MCL will be Link Carole Hurley Little, Link Fran Dillard and Link Elliana Griffin. The goal is to visit health clinics and provide kidney brochures and other health information and resources.

RED Dress Event 2/10/24.

This event is being considered a Link's Cluster event. Link Lauren McDonald will speak at this event. We are working to secure funding to support this effort as well. To defray the \$75.00 cost per ticket.

Linked in Making an Impact Together - "Service Matters"



UPCOMING EVENTS



North Texas Cluster Event –
Scott Joplin Orchestra Concert
February 3, 2024
1309 Canton Street, Dallas, TX 75201
Tickets are \$15- \$25 each
Opportunity to receive service hours – Contact Link
Vivian Johnson: Vivjohn@aol.com

Linked in Making an Impact Together - "Service Matters"



UPCOMING EVENTS



Thanks to **LINK MARNESE BARKSDALE!**

TARRANT COUNTY COMMISSIONER ALISA SIMMONS wants **KIDNEY DISEASE PREVENTION AND BLACK K.A.R.E.** as a signature program!!!!

March 5, 2024 – **World Kidney Day Proclamation** in Tarrant County Commissioners Court). MCL members are requested to be in attendance. Details to follow.

March 9, 2024, - The Commissioner is hosting **Kidney Cornerstone Public Fair**. The National Kidney Foundation will be supporting the efforts.

Linked in Making an Impact Together - “Service Matters”



We provide accurate and up-to-date health information to African Americans across the nation. Our goal is to assist you in making educated health decisions for you and your family while getting the most out of your health care experience.

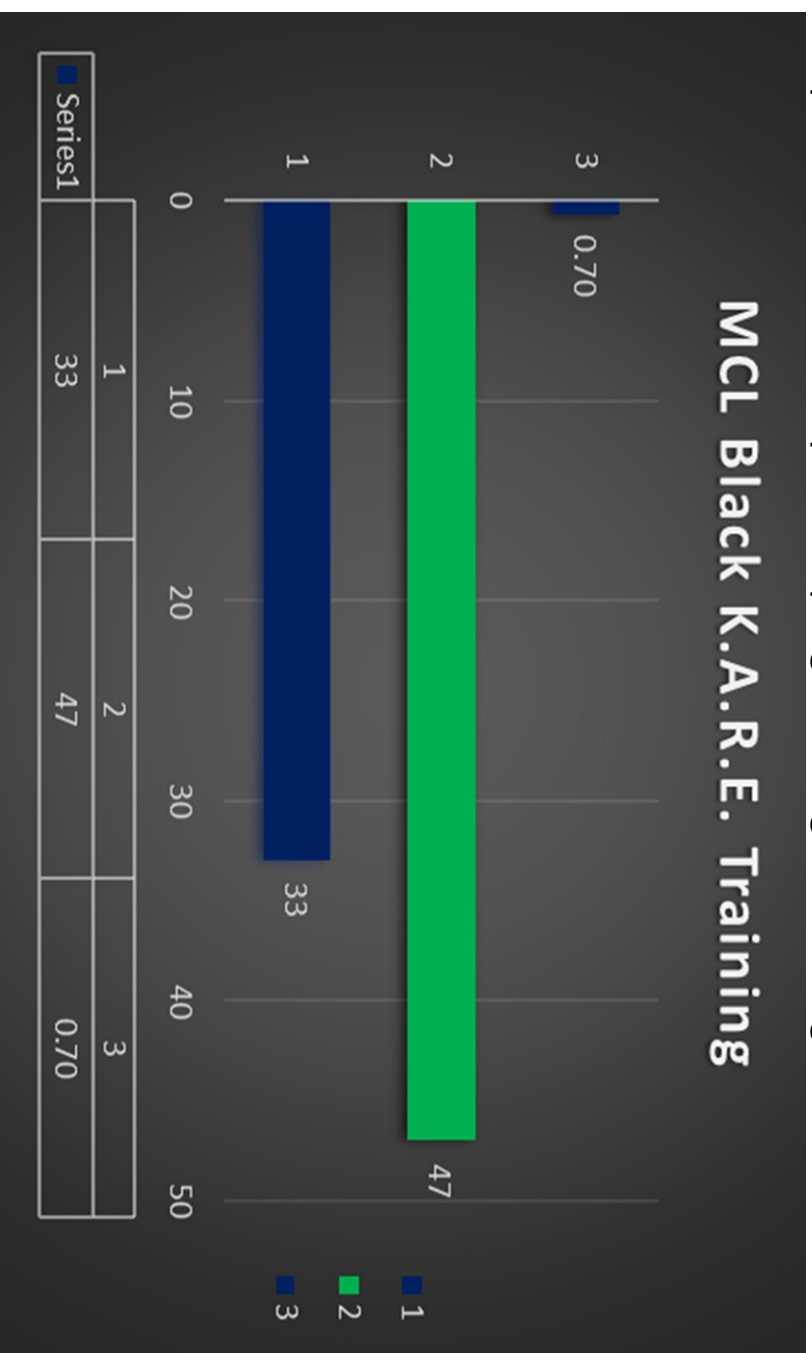
Black Family Wellness Day, -Cluster event led by Trinity Chapter at Concord Missionary Baptist Church
Sunday- March 17, 2023, 8:00 am.- 2:00 p.m.



black K.A.R.E.
KIDNEY AWARENESS RESOURCES & EDUCATION

National Initiative of the Links Incorporated.

- Black K.A.R.E. (Kidney Awareness Resources and Education) mobilizes, collaborates, and engages with intermediaries and key stakeholders in communities where The Links, Incorporated has a presence to design and implement community-based programming addressing CKD.



BLACK K.A.R.E. TRAINING CERTIFICATES (pt.1 &2)

FIRST NAME	LAST NAME	FIRST NAME	LAST NAME
Tammi	Abney	Carol	Huntley- Little
Alisha	Allen	Morgan	Mangana
Priscilla	Barbour-Randle	Amelia	Mayeaux
Roslind	Bell	Lauren	McDonald
Juanita	Budd	Vickie	Mitchell
Claudia	Coleman	Marcia	Page
Kim	Cox	Brenda	Raney
Ashlee	Davidson	T.C.	Roberson
Alice	Davis	Shunda	Robinson
Cherry	Elder	Veronica	Spencer-Austin
Marilyn	Evans	Sandra	Stewart
Janeice	Evans-Page	Jennifer	Stimpson
Ronetta	Francis	Michelle	Thomas
Sue	Gainer	Cordelia	Tullous
Tangee	Gibson	Ashley	Waffer
Ellainia	Griffin	Celia	Walker